

**You Don't  
Have  
To Stay**

**1 Kings 19:1-2**-- Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. Then Jezebel sent a messenger to Elijah, saying, “So may the gods do to me and more also, if I do not make your life as the life of one of them by this time tomorrow.”

**1 Kings 19:3-4**-- Then he was afraid, and he arose and ran for his life and came to Beersheba, which belongs to Judah, and left his servant there. But he himself went a day's journey into the wilderness and came and sat down under a broom tree. And he asked that he might die, saying, "It is enough; now, O Lord, take away my life, for I am no better than my fathers."

**1 Kings 19:5-8**- And he lay down and slept under a broom tree. And behold, an angel touched him and said to him, “Arise and eat.” And he looked, and behold, there was at his head a cake baked on hot stones and a jar of water. And he ate and drank and lay down again. And the angel of the Lord came again a second time and touched him and said,

**1 Kings 19:7-8**- “Arise and eat, for the journey is too great for you.” And he arose and ate and drank, and went in the strength of that food forty days and forty nights to Horeb, the mount of God.

Depression And Fear  
Seek To Break  
The Spirit

**1 Kings 19:9-10**-- There he came to a cave and lodged in it. And behold, the word of the Lord came to him, and he said to him, “What are you doing here, Elijah?” He said, “I have been very jealous for the Lord, the God of hosts.

**1 Kings 19:10-11**-- For the people of Israel have forsaken your covenant, thrown down your altars, and killed your prophets with the sword, and I, even I only, am left, and they seek my life, to take it away.” And he said, “Go out and stand on the mount before the Lord.”



**1 Kings 19:11-12**--And behold, the Lord passed by, and a great and strong wind tore the mountains and broke in pieces the rocks before the Lord, but the Lord was not in the wind. And after the wind an earthquake, but the Lord was not in the earthquake. And after the earthquake a fire, but the Lord was not in the fire.

**1 Kings 19:12-13**--And after the fire the sound of a low whisper. And when Elijah heard it, he wrapped his face in his cloak and went out and stood at the entrance of the cave. And behold, there came a voice to him and said, “What are you doing here, Elijah?”

**1 Kings 19:14**-- He said, “ I have been very jealous for the Lord, the God of hosts. For the people of Israel have forsaken your covenant, thrown down your altars and killed your prophets with the sword, and I, even I only, am left, and they seek my life, to take it away.

A Broken Spirit  
Struggles To  
See And Hear

Proverbs 12:25-- Heaviness in the  
heart of man maketh it stoop: but a  
good word maketh it glad.

Proverbs 12:25-- Anxiety in the  
heart of man maketh it depress: but  
a good word maketh it rejoice.

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