

# Meltdown

by Stacy Collins

1 Cor 9:22 – 10:13

1 Cor 9:24-26

- Do you not know that those who run in a race all run, but only one receives the prize? Run in such a way that you may win. Everyone who competes in the games exercises self-control in all things...
- They then do it to receive a perishable wreath, but we an imperishable. Therefore I run in such a way, as not without aim; I box in such a way, as not beating the air...

Run in Such a Way

- disciplined life = moral and spiritual purity
- Run to win; fight till the knockout blow
- Paul made his body & soul a slave to his spirit man
- “beat” means to strike under the eyes – that’s an intense fight!
- What was his motivation?

1 Cor 9:27

- ...but I discipline my body and make it my slave, so that, after I have preached to others, I myself will not be disqualified
- Disqualified why? How? Because he failed to meet the training requirements
- He’s not talking salvation or even the prize ~ his focus is on continuing the race

Disqualified

- Adokimos = worthless; that which is rejected after a trial or examination because it fails the test
- to put to the test for the purpose of being approved, but failing to meet the requirements
- unfit, unproved, spurious
- Spurious = Not being what it purports to be; false or fake
- That which does not prove itself to be such as it ought and which is therefore disapproved and useless
- Metals that were rejected by refiners because of impurities

Refined by fire

- Mal 3:2,3 He is like a refiners fire...He will purify and purge
- Jer 6:30 /9:7 God says He will refine them and try them
- Is 1:25 purge away your dross - take away your alloy
- A good meltdown

- A controlled burn (God) vs a wild fire (Satan)
- Take away the dross from the silver, And there comes out a vessel for the smith Prv 25:4
- Dan 3:17,18 ...our God whom we serve is able to deliver us from the furnace of blazing fire; and He will deliver us out of your hand, O king. But even if He does not, let it be known to you, O king, that we are not going to serve your gods...
- Isaiah burning coal Is 6:5-7

#### This is a test

- Paul did not want his life cut short by a disciplinary disapproval of God i.e. immorality 1 Cor 5:1-5
- Trials are not to disqualify you, but to qualify you for the next race/event
- Abandon the things that will take you out of the race 1 Cor 10:5-24
- This is just a test...I did nothing wrong

#### 1 Cor 10:13

- No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.

#### Temptation

- a putting to proof by experience of good or evil; assay; examine
- God permits testing - purpose to strengthen faith and character
- Satan entices to evil for the purpose of destruction
- Both God & Satan are doing their work simultaneously, who will you yield to? i.e. Job
- Job 1:6-12 / 2:7 Satan is the one who smote Job
- God will take what Satan meant for destruction and turn it around...if you yield to Him Rm 8:28

#### Test Yourself

- 2 Cor 13:5 Test yourselves to see if you are in the faith; examine yourselves! Or do you not recognize this about yourselves, that Jesus Christ is in you—unless indeed you fail the test?
- Tests are meant to reveal
- Once something is revealed, action must be taken if change is to take place

#### Skim The Dross

- Self-exaggeration
  - Thinking you are better than what you are
  - Lunch – “tweaker”

- **Ambition**
  - **Wanting a good result/testimony**
- **Disappointment**
  - **Things not turning out the way you want**
- **Heartbreak**
  - **Called to save lives and now...**

#### **Not superman**

- **Effects of trauma**
- **The pain you feel is evidence of your humanity**
- **It's not about results**
- **It's not about perfection**
- **It's about inquiring of the Lord (Josh)**
- **It's about being strong and courageous (Josh)**

#### **Identity Erased**

- **"So others may live"**  
**"Save the ones you can" -The Guardian**
- **How can I be a rescue swimmer if...?**
- **In Him scriptures**
- **...in all these things we are more than conquerors through Him that loved us Rm 8:37**

#### **Fiery arrows**

- **"I heard you were in an accident and...you killed someone"**
- **Reaction: anger / wanted to be erased**
- **Struggled with how to say what happened**
- **Pr 10:19 When there are many words, transgression is unavoidable, But he who restrains his lips is wise**
- **Shield of Faith & Sword of the Spirit**
- **Eph 6:10-18**
- **Worship brought my soul to a place of rest, but The Word (written & spoken) is what really brought me through**
- **"What is your name?"**

#### **Heb 12:1-3**

- **...let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame...**

#### **Fixed on?**

- **Don't focus on the -neg**
- **"Jesus is talking about you in Heaven..."**

- **Plowing** – you have to look down the way at a fixed object, not directly in front of you to plow a straight line in a field
- **Max Marriage** “I need you to listen with your eyes”
- **Tunnel of the Funnel**

#### **Keep anchored**

- ...take hold of the hope set before us. This hope we have as an anchor of the soul, a hope both sure and steadfast and one which enters within the veil, where Jesus has entered as a forerunner Heb 6:18-20
- Hope is the thermostat (sets the expectation)
- Word implanted is able to save your soul... Jm 1:21

#### **Cast it down**

- ...For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds; Casting down imaginations, & every high that exalts itself against God & bringing into captivity every thought to the obedience of Christ 2 Cor 10:3-5

#### **Defined by?**

- Being challenged in life is inevitable, being defeated is optional
- Events don't define us... but our responses to them will
- Since 'The Accident'...
- Peter vs. Judas
- Both failed, but who is remembered as a “failure”? Why?
- David, Daniel, Paul...others here
- Difference? deep repentance, real cleansing, true faith
- Derek Redmond video

#### **Thurs am**

- Heartbroken
- Unrelenting disappointment leaves you heartsick, but a sudden good break can turn life around. Pr 13:12 Msg
- I have fought a good fight, I have finished my course, I have kept the faith 2 Tm 4:7
- Cocoon / Sleeping Bag