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Many people perceive God the same way they perceive their dad. Did your dad demand perfection and never give praise? Did you feel your father loved you apart from performance? Did your father abandon you as a child? Do you feel God is distant and doesn't care? Did your father belittle you, put you down and thus reject you?

You will want to spend as much time as needed to go through forgiveness for every hurtful encounter with your earthly dad. Forgiving, repenting of judgments against your dad, and receiving God's forgiveness.

### FORGIVING

*Mt 6:9-15 – "This, then, is how you should pray: 'Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven. Give us today our daily bread. Forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.' For if you forgive men when they sin against you, your heavenly Father will also forgive you. But if you do not forgive men their sins, your Father will not forgive your sins." (NIV)*

*Mark 11:25 – "And when you stand praying, if you hold anything against anyone, forgive him, so that your Father in heaven may forgive you your sins." (NIV)*

### REPENTING OF JUDGMENTS

*Luke 6:37 – "Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven." (NIV)*

### RECEIVING GOD'S FORGIVENESS

*1Jn 1:9 – If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. (NIV)*

Ask Jesus to bind up your broken heart, cleanse the wounds, and heal the memories and emotions connected with this relationship. Then continue to pray, as the Holy Spirit leads, to show you any male authority figures, including God the Father, who you need to forgive. Call these patterns of unforgiveness to death on the cross in the name of Jesus, breaking their influence over your life.

*Col 2:13-15 – When you were dead in your sins and in the uncircumcision of your sinful nature, God made you alive with Christ. He forgave us all our sins, :14 having canceled the written code, with its regulations, that was against us and that stood opposed to us; he took it away, nailing it to the cross. :15 And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross. (NIV)*

Then pray that the Holy Spirit will raise up new pattern of relating to your dad, authority figure, and God the Father. Ask the Holy Spirit to teach you how to respond to God's love and grace.

### 7. Other Important Relationships

What was your relationship with mother, brothers, sisters, and any other primary person in your life? Are there patterns of sin or rejection, did you love or hate them, have you forgiven them for any offenses? Have you forgiven yourself for the ways you may have hurt these people. Ask the Lord to show you any hidden guilt or anger in these relationships. During the prayer, bring these relationships before Jesus to get rid of any unforgiveness or hidden resentments. Was there jealousy between siblings, if so, why? As forgiveness is offered and received by the counselee, you will need to break the power of any spirits that instigated jealousy, strife, hatred, shame, or rejection. As you command these strongholds to be broken over counselee's life, pray for God to fill them with His love, peace, and joy. Once the old garbage is pulled out of their heart, you need to make sure they are not left empty!

### 8. Earliest Childhood Memories<sup>2</sup>

What is your earliest memory? Do you remember your childhood? If you do not, more extensive ministry will be needed to bring healing. Start praying about your earliest memories, asking Jesus to show you any hidden hurts, offenses, or painful incidents.

It is generally easiest to work all the way through your life, starting with the earliest childhood memory, through school years, and continuing to the present. Let the Lord show you any poor relationship with parents, teachers, friends, and any others during this prayer time. Speak directly to the person who hurt you as if that person were standing in front of you, and tell that person what it was that offended you, and then release that person by forgiving them.

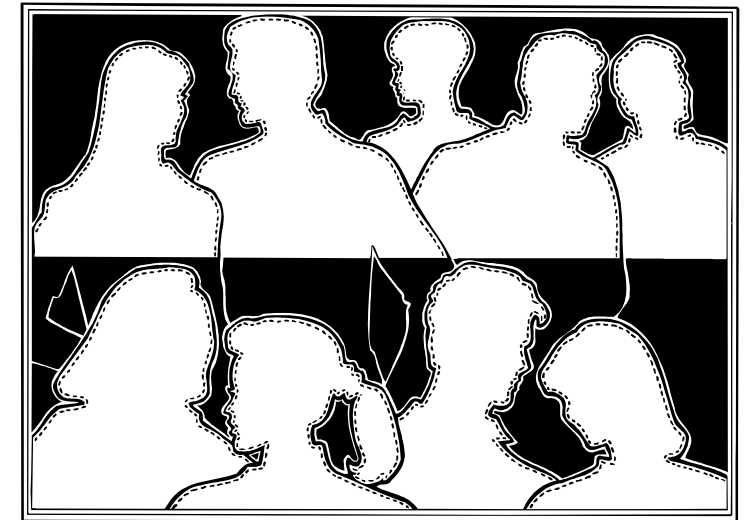
You will then need to ask God to forgive you for harboring any bitterness, hatred, anger, or judgement against that person. If you were the one at fault, forgive yourself.

If you have had an exceptionally difficult relationship with a primary person in your life, then you may want to prayerfully seek a Christian counselor.

<sup>2</sup>Blocked memories can indicate some kind of abuse.

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# GENERATIONAL HEALING



## & BREAKING CURSES

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# GENERATIONAL HEALING & BREAKING CURSES

*Gal 3:13 – Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: “Cursed is everyone who is hung on a tree.” (NIV)*

Eight stronghold areas that need to be addressed are:

## 1. Occult Activity

Have they or anyone in their family been involved with any of the following practices.

Astrology	Indian magic
Fortune telling	Numerology
Seance	Ouija board
Palm reading	Satanism
Spiritism	Channeling
Voodoo	Tarot cards
Automatic writing	White witchcraft
Astro projection	Reading tea leaves
Transcendental Meditation	

Any other practice that seeks information or power from spiritual forces other than God, is forbidden.

These practices are open doors to demonic powers. During the Prayer time the counselee will need to repent, renounce their involvement with these practices, and agree to destroy<sup>1</sup> all objects associated with these practices.

*Acts 19:19 – A number who had practiced sorcery brought their scrolls together and burned them publicly. When they calculated the value of the scrolls, the total came to fifty thousand drachmas. (NIV)*

If your ancestors were involved in witchcraft, then you will need to pray for generational healing, breaking the powers of witchcraft over your family. Renounce the witchcraft on behalf of your family and then break the power of this familiar spirit of witchcraft over your whole family.

If you have had an ancestor who was highly skilled in the occult or Indian magic and you are continuing to have trauma from an inherited demonic link to the occult, then pray and renounce the inheritance and ask God to set you free from any more spirit communication other than the Holy Spirit.

### EXAMPLE

“I repent on behalf of my ancestors and renounce my family’s involvement with :\_\_\_\_\_ I ask you Lord to sever between my soul and all spirits and cleanse my spirit completely with the blood

<sup>1</sup> These objects should not be sold or given away, but destroyed!

of Jesus Christ so that I can no longer receive communication from the spirit world except through the Holy Spirit. I ask you Lord to lift out any demonic entrance as a result of my ancestor’s sins and close the doorway forever with the precious blood of Jesus. I ask for this and thank you for it in the name of Jesus. Amen.”

## 2. Sexual Sins

Are there patterns of divorce, adultery, or fornication throughout your family? If so you are dealing with a spirit of whoredom.

*Jos 4:12 – of my people. They consult a wooden idol and are answered by a stick of wood. A spirit of prostitution leads them astray; they are unfaithful to their God. (NIV)*

This spirit would lead a person into physical and spiritual adultery. A person may hold to a form of religion and sexual sin at the same time. Every sexual relationship outside of marriage must be repented of and the unholy flesh union renounced as sin. In prayer break the soul ties with that person. If there was a great deal of sexual activity, you may need to pray generally covering these relationships and let the Holy Spirit lead to the one that specifically must be dealt with.

You must accept God’s forgiveness, and pray that the blood of Jesus will cleanse you from all uncleanness and guilt. Break the soul ties that were formed during the sexual union, and pray for the wounds to be cleansed and healed.

*Ps 32:5 – Then I acknowledged my sin to you and did not cover up my iniquity. I said, “I will confess my transgressions to the LORD” – and you forgave the guilt of my sin. Selah (NIV)*

*Heb 9:14 – How much more, then, will the blood of Christ, who through the eternal Spirit offered himself unblemished to God, cleanse our consciences from acts that lead to death, so that we may serve the living God! (NIV)*

## 3. Sexual Perversion

If there has been any incest, homosexuality, lesbianism, bestiality, or sodomy; these practices bring on a curse.

*Deu 27:20-23 – “Cursed is the man who sleeps with his father’s wife, for he dishonors his father’s bed.” Then all the people shall say, “Amen!” :21 Cursed is the man who has sexual relations with any animal.” Then all the people shall say, “Amen!” :22 “Cursed is the man who sleeps with his sister, the daughter of his father or the daughter of his mother.” Then all the people shall say, “Amen!” :23 “Cursed is the man who sleeps with his mother-in-law.” Then all the people shall say, “Amen!” (NIV)*

The curse is broken by prayer and believing...

*Gal 3:13 – Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: “Cursed is everyone who is hung on a tree.” (NIV)*

You may need someone to pray with you for healing in this area. Unclean spirits and the spirit of whoredoms will need to be bound and broken over your life and your whole family.

## 4. Addictions

Are there patterns of alcoholism, drug addiction, gambling, food, workaholic, etc.? This indicates a spirit of bondage at work.

*Rom 8:15 For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by him we cry, “Abba, Father.” (NIV)*

Bind and break this spirit over your whole family during prayer, since this spirit will visit each generation with one form of addiction or another.

## 5. Idolatry

What is your religious background? Have you participated in any cult groups, or had a heavy religious upbringing without a saving knowledge of Jesus Christ.

Idolatry brings on a curse.

*Deu 27:15 – “Cursed is the man who carves an image or casts an idol – a thing detestable to the LORD, the work of the craftsman’s hands – and sets it up in secret.” Then all the people shall say, “Amen!” (NIV)*

Use Gal 3:13 to break the curse during the prayer time.

*Gal 3:13 – Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: “Cursed is everyone who is hung on a tree.” (NIV)*

*Deut 21:23 – You must not leave his body on the tree overnight. Be sure to bury him that same day, because anyone who is hung on a tree is under God’s curse. You must not desecrate the land the LORD your God is giving you as an inheritance. (NIV)*

## 6. Relationship with Father (or the man who raised them)

A most important question is “What is your relationship with your father?” That relationship will reflect your relationship with the Heavenly Father.